

## DIAMOND COLOR MEANINGS

### **Red: Great Self Power**

**Red** relates to **self awareness**. It is the area of survival and stability and our place on this earth. The colour red provides the power from the earth and gives energy on all levels. It connects us to our physical body. Everything that is to be commenced needs the life vitality of red.

Put some **red** in your life when you want:

- **increased enthusiasm and interest**
- **more energy**
- **action and confidence to go after your dreams**
- **protection from fears and anxieties**

### **Orange: Creativity and Productivity**

**Orange** is the colour of success and relates to **self respect**; having the ability to give ourselves the freedom to be ourselves and helps expand our interests and activities. Brings joy to our workday and strengthens our appetite for life! Orange is the best emotional stimulant. It connects us to our senses and helps to remove inhibitions and makes us independent and social.

Put some **orange** in your life when you want:

- **to spice things up when you feel time is dragging**
- **to become more involved in something**
- **to increase creativity**
- **relief from things becoming too serious**

### **Yellow: Self Confidence**

**Yellow** is a creative colour and relates to **self worth**. How we feel about ourselves and how we feel others perceive us. This is the area of the personality, the ego and the intellect. Gives us clarity of thought, increases awareness, and stimulates interest and curiosity. Yellow energy is related to the ability to perceive and understand. Yellow energy connects us to our mental self.

Put some **yellow** in your life when you want:

- **clarity for decision-making**
- **relief from 'burnout', panic, nervousness, exhaustion**
- **sharper memory and concentration skills**
- **protection from lethargy and depression during dull weather**

### **Green: Trust**

**Green** relates to **love/self love** - the ability to give and take unconditionally. When balanced we are able to give love and also to love and nurture ourselves. Helps relax muscles, nerves, and thoughts. Cleanses and balances our energy, to give a feeling of renewal, peace and harmony. Green connects us to unconditional love and is used for balancing our whole being.

Put some **green** in your life when you want:

- **a new state of balance**
- **feel a need for change or growth**
- **freedom to pursue new ideas**
- **protection from fears and anxieties connected with the demands of others**

## **Blue: Communication**

*Blue* is the colour of the spirit and relates to **self expression** - speech, communication, the ability to communicate our needs and requirements; Spirit of truth and purpose. Blue has a pacifying effect on the nervous system and brings great relaxation. Connects us to holistic thought, and gives us wisdom and clarity enhancing communication and speech.

**Put some blue in your life when you want:**

- **calm and relaxation to counteract chaos or agitation**
- **to open the flow of communication**
- **to broaden your perspective in learning new information**
- **solitude and peace**

## **Indigo: Connection with your Higher Power**

*Indigo* relates to **self responsibility** - being responsible for one's own life, responsible to oneself to follow the soul's path and needs and trusting one's own **intuition** (the ability to see things from a 'higher' viewpoint rather than purely for satisfaction of the ego or one's material comfort). The indigo energy connects us to our unconscious self, and gives us the experience of being part of the whole universe. Strengthens intuition, imagination, psychic powers, and increases dream activity.

**Put some indigo in your life when you want:**

- **to focus on personal issues**
- **to develop intuition**
- **to step outside of everyday life for a new and interesting way of viewing a problem**
- **solitude and inner communication**

## **Violet: Universal connection**

*Violet* relates to **self knowledge/spiritual awareness**. It is the union with your higher self, with spirituality, and your higher consciousness. The violet energy connects us to our spiritual self, bringing guidance, wisdom and inner strength and purifies our thoughts and feelings giving us inspiration in all undertakings. **Violet** is the color of purpose.

**Put some violet in your life when you want:**

- **to use your imagination to its fullest**
- **to re-balance your life**
- **to remove obstacles**
- **to calm over activity or to energize from depression**

## **Pink: Unconditional Love**

*Pink* relates to unconditional love for self and others. It assists you in loving yourself and others more and provides feelings of caring, tenderness, self-worth, love and acceptance.

**Put some pink in your life when you want:**

- **calm feelings**
- **to neutralize disorder**
- **relaxation**
- **acceptance, contentment**

## **Clear: Clarity**

Clear/white relates to peace, cleansing, illumination, purity, innocence and the highest kind of understanding. Promotes cleansing, order and establishes clarity. It is the color of perfection, the manifestation of the presence of all color - the complete energy of light. It stands for wholeness and completion. In many cultures it represents openness and truth. It can provide clarity as its energy is complete.

**Put some clear/white in your life when you want:**

- **to clear clutter and obstacles away**
- **to start a fresh beginning**
- **to bring about mental clarity**
- **purification of thoughts or actions**